

## Creating on Purpose: Manifestation through the Chakras

This 3.5 day workshop takes the chakra journey from the top down, honing your ability to bring your intentions and dreams into manifestation and completion. From beliefs to visions, expression to relationship, will, passion and completion, we will show you step-by-step how to use powerful techniques for clearing away limiting beliefs, counter-intentions, negative voices and distractions to create your dreams. Base on the bestselling book, Creating on Purpose, this workshop will help you achieve any dreams you choose to work on: be it a relationship, buying a house, taking a vacations, publishing a book, finishing a project or serving the world. Manifestation is joyous when you break through the blocks that stand in your way.



## **EVENT INFO**

## **DATES AND TIMES:**

March 31: 6pm-9pm

April 1 & 2: 11:30am-2:30 &

3:30pm-6:30pm

April 3: 9am-12pm & 1:30-4:30pm

## Investment:

Early Bird until Feb. 1<sup>st</sup> \$425 Full Price after \$495.00

www.ashtangayogaroom.com

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Anodea Judith, Ph.D. is the director of Sacred Centers (SacredCenters.com), a teaching organization for yoga, psychology, and transformational wisdom. She holds a doctoral degree in Psychology and Human Health, is a 500-hour registered yoga teacher (E-RYT 500), and has engaged in lifelong studies in psychology, yoga, mythology, sociology, history, systems theory, evolution, and comparative religion. She is considered the foremost Western writer on the subject of the chakra system, with several best-selling books, including the classics Wheels of Life and Eastern Body-Western Mind. She teaches world-wide and is considered to go-to authority on the chakra system.

Melanie Fawer, a devoted student of Anodea and owner of AYR, will assist her in this workshop.



Testimonial: "In a word: illumination. For those who believe everything can be reduced to light and vibration, and that our own individual energy can be used to heal self, others, and the world, this workshop is for you. Anodea embodies humility which enables her to connect and transform." —C.A.T.